

All the Prices Below Are Subject to Prevailing GST

			Basic Package	Enhanced Vibrant Package	Enhanced Radiant Package	Enhanced Dynamic Package	Enhanced Prime Package	Enhanced Prime Executive	Enhanced Supreme Package
			\$35	\$85	\$160	\$248	\$498	\$850	\$1,975
Physical Examination	Physical Examination by Doctor	医生体检						●	●
	Post Screening Review by Doctor	健康筛选审查		●	●	●	●	●	●
	Height Measurement	身高测量	●	●	●	●	●	●	●
	Weight Measurement	重量测量	●	●	●	●	●	●	●
	Body Mass Index	身体脂肪分析	●	●	●	●	●	●	●
	Blood Pressure Measurement	血压测量	●	●	●	●	●	●	●
	Body Composition Analysis	身体脂肪分析	●	●	●	●	●	●	●
	Waist Circumference Measurement	腰围测量	●	●	●	●	●	●	●
	Waist Hip Ratio Measurement	腰臀比测量						●	●
Lipid Profile	Total Cholesterol	总胆固醇	●	●	●	●	●	●	●
	HDL Cholesterol	高密度胆固醇	●	●	●	●	●	●	●
	LDL Cholesterol	低密度胆固醇	●	●	●	●	●	●	●
	Cholesterol Ratio	总/高密度胆固醇比率	●	●	●	●	●	●	●
	Triglycerides	三酸甘油酯	●	●	●	●	●	●	●
Diabetic Profile	Blood Glucose	血糖	●	●	●	●	●	●	●
	HBA1C	糖化血红蛋白				●	●	●	●
Eye Screening (New)	Visual Acuity	视力检查		●	●	●	●	●	●
	Near Vision	老花眼测试		●	●	●	●	●	●
	Colour Vision	色觉测试		●	●	●	●	●	●
Full Blood Count & Hb Indices (New)	Hb, Total WBC, Total Red, Platelet, PBF, Differential Count, MCV, MCH, MCHC, PCV	红血素, 红血球计数, 白血球计数, 白血球区计数, 血小板, 血片检验		●	●	●	●	●	●
	ESR tests inflammation level in your body	红血球沉淀率 可以显示您体内是否有炎症		●	●	●	●	●	●
	Blood Group	血型				●	●	●	●
Ultrasound Liver Elastography (New)	Assessment for liver fibrosis, steatosis, monitor fatty liver diseases, etc.	肝脏硬度扫描						●	●
Quantitative Ultrasonography - QUS (New)	Assessment of bone for osteopenia (loss of bone mineral density that weakens bones) & osteoporosis.	骨質密度檢查說明			●	●	●	●	●
Liver Profile (Check Fatty Liver)	Total Bilirubin	全胆红素		●	●	●	●	●	●
	Alkaline Phosphatase	硷性磷酸醇		●	●	●	●	●	●
	SGPT (ALT)	麩胺酸丙酮酶		●	●	●	●	●	●
	SGOT (AST)	麩胺酸草乙酶		●	●	●	●	●	●
	Gamma GT (GGT)	干玛麩胺酸换酶		●	●	●	●	●	●
	Total Protein	全蛋白质		●	●	●	●	●	●
	Albumin	白蛋白		●	●	●	●	●	●
	Globulin	球蛋白		●	●	●	●	●	●
	Alb/Glob Ratio	白蛋白 / 球蛋白比率		●	●	●	●	●	●
Hepatitis Profile	Hep B s Antigen (HBsAg)	乙型肝炎抗原				●	●	●	●
	Hep B s Antibody (HBsAb)	乙型肝炎抗体				●	●	●	●
	Hep A Antibody (HAV IgG)	甲型肝炎抗体				●	●	●	●
Kidney Profile	Urea	尿素		●	●	●	●	●	●
	Creatinine	肌氨酸肝		●	●	●	●	●	●
	Potassium	钾		●	●	●	●	●	●
	Sodium	纳		●	●	●	●	●	●
	Chloride	氯		●	●	●	●	●	●
	eGFR	估计肾小球滤过率		●	●	●	●	●	●
	Urine FEME	尿液化学及显微镜分		●	●	●	●	●	●
	Urine Microalbumin	尿微量蛋白			●	●	●	●	●
	Urine Creatinine	尿肌酸			●	●	●	●	●
	Microalbumin/Creatinine Ratio	尿微量蛋白/肌酸比率			●	●	●	●	●

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			\$35	\$85	\$160	\$248	\$498	\$850	\$1,975
Endocrine Profile	Free Thyroxine (FT4)	游离甲状腺素				●	●	●	●
	Thyroid Stimulating Hormone (TSH)	血清促甲状腺激素				●	●	●	●
Bone&Joint Profile	Calcium	钙		●	●	●	●	●	●
	Phosphate	磷		●	●	●	●	●	●
	Uric Acid	尿酸	●	●	●	●	●	●	●
	Rheumatoid Arthritis	类风湿因素		●	●	●	●	●	●
Venereal Diseases	Venereal Disease Research Lab	梅毒检验		●	●	●	●	●	●
Stool Analysis	Stool Occult Blood Test	粪便隐血试验					●	●	●
Tumour Marker Tests	Liver (AFP)	甲胎球蛋白				●	●	●	●
	Stomach/Colon (CEA)	胚胎性癌抗原				●	●	●	●
	Pancreas (CA19.9)	胰腺癌测定					●	●	●
	Prostate (PSA)	前列腺特种抗原					Male 男	Male 男	Male 男
	Nose & Throat (EBV)	鼻咽癌症测定					Male 男	Male 男	Male 男
	Breast (CA15.3)	乳腺癌测定					Female 女	Female 女	Female 女
	Ovarian (CA125)	非粘液性卵巢抗原					Female 女	Female 女	Female 女
	Germ Cell (Beta HCG)	人绒毛膜促性腺激素						●	●
Premarital Tests	Female: Rubella IG Antibody + HB Electrophoresis (Thalassemia Screen)	女: 风疹病毒 + 地中海贫血筛查						Female 女: Top up \$85.00	
	Male: HB Electrophoresis (Thalassemia Screen)	男: 地中海贫血筛查						Male 男: Top up \$55.00	
Heart Risk Indicator	Highly Sensitive C-Reactive Protein (HSCRP)	心血管疾病测验					●	●	●
*Special Value-Added Features	Ultrasound Carotid Scan is to detect risk of stroke/cholesterol plaque in the artery (Verified by Cardiologist)	中风机率检验						Top up \$120.00 (U.P. \$150) for Carotid Scan 添加 \$120 (原价\$150) 颈动脉扫描	
	Resting Electrocardiogram (ECG)	心电图						●	●
Oxygen Saturation	Pulse Oximeter (SpO2)	血氧饱和度						●	●
Eye Pressure Test	Tonometry	眼压测试						●	●
Advanced Cardiac Risk Assessment	Apolipoprotein A&B @ \$50	载脂蛋白A&B @ \$50							●
Hormone Screen	Progesterone	黄体激素							Female 女
	Estradiol	雌二醇							Female 女
	Testosterone	睾丸激素							Male 男
Vitamin Profile	Vitamin D	维生素D							●
	Vitamin B12	维生素B12							●
	Folate	叶酸							●
Other Tests	Bone Mass Density @ DEXA	骨密度							
	Ultrasound Liver Scan @ RH	超声波 肝脏扫描							
	Ultrasound Prostate (Male)	超声波前列腺 (男)							
	Ultrasound Pelvis (Female)	超声骨盆 (女)							
	Mammogram => 40 yo (Female)	乳房X光检查(女40以							
	Ultrasound Breast < 40 yo (Female)	乳房超音波(40以下)							
	Ultrasound Full Abdomen	超声全腹							
	HIV Test	艾滋病病毒测试							●
	Gastroclear (MiRXES)	胃癌早期检测							●
Stress Treadmill	心电图平板运动试验							●	
iSure (New)	Sign-Up for 1doc Health Optimisation Programme from \$500 to \$2000. Receive 50% Refund from iSure when doctor confirmed improvement in your health indicators after the Program within 3 months. Find out more at 1doc.sg/isure-group-insurance	注册 1doc 健康计划, 费用从 \$500 到 \$2000。如果你在 3 个月内 - 获得医生确认能改善健康指标, 可从 iSure 获得 50% 退款。		●	●	●	●	●	●

Book Your Health Screening

Step 1: On the 1doc App homescreen, tap on "Ind Health Screening"

Step 2: Select a health screening package & add-ons (if any) at your preferred location

Step 3: Select preferred date & time

Step 4: Tap "Confirm"

Step 5: Your appointment card will be shown on your app homescreen. You may reschedule or cancel your visit by tapping on the appointment card



Portable Scanners

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Ultrasound Liver Elastography (New) - Assessment for liver fibrosis, steatosis, monitor fatty liver diseases, etc.	\$50	Quantitative Ultrasonography - QUS (New) - Assessment of bone for osteopenia (loss of bone mineral density that weakens bones) & osteoporosis.	\$50
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Advanced Tests (To Be Done At Clinic)

Gastroclear - Molecular blood test for early detection of gastric, or stomach, cancer.	\$250	Cardiac Calcium Score (CT Scan of the heart) - A coronary artery calcium score is a measure of how much calcified plaque (calcium) is in the walls of your heart's arteries (blood vessels).	\$390
Thinprep (only available at Novena Clinic on Sat) - Thinprep is a cervical cancer screening test used to detect abnormal cells in a woman's cervix.	\$60	CT Coronary Angiogram (including Cardiac Calcium Score) - Assess the health of the heart and detect any potential blockages in the coronary arteries. This procedure can provide detailed information about the presence and severity of coronary artery disease and blocked arteries helping doctors determine the appropriate treatment plan for patients.	\$1,630
Chest X-Ray	\$35		

Additional Tests (by using the same amount of blood taken)

Liver (AFP) - Alpha-Fetoprotein is a protein to screen for liver cancer.	\$45.00	Stomach/Colon (CEA) - Carcinoembryonic Antigen is a type of molecular protein, which can be found in many different cells in our body. A rise in CEA level indicates progression or recurrence of the	\$45.00
Pancreas (CA19.9) - This test screen for Pancreatic cancer. Pancreas produce enzymes to digest food, as well as insulin to regular blood sugar.	\$45.00	Germ Cell (Beta HCG) - Elevation of Beta Human Chorionic Gonadotropin level indicates abnormalities in Uterus (Female) or Testicular (Male).	\$45.00
Ovarian (CA125) – Female Only - CA125 is a protein found in women. Women with Ovarian Cancer have relatively high level of CA125 in their blood stream.	\$45.00	Breast (CA15.3) – Female Only - Cancer-Antigen 15.3 is used to monitor breast cancer	\$45.00
Nose & Throat (EBV) - Male Only - Epstein-Barr Virus is a common virus, which can be linked to several rare cancers; Hodgkin Lymphoma, Nasopharyngeal carcinoma etc.	\$45.00	Prostate (PSA) - Male Only - Prostate-Specific Antigen is a protein produced by cells of the prostate gland and is to screen for prostate enlargement and disorders.	\$45.00
C-Reactive Protein (HSCRIP) - High Sensitive C-Reactive Protein is to measure the level of inflammation in the body. This may lead to several heart-related conditions such as; Heart Attack, Stroke, Peripheral Arterial Disease.	\$45.00	Testosterone - This is the principal male sex hormone that plays key roles such as enhanced libido, energy, immune function and protection against bone loss. Testosterone levels decline gradually with men.	\$45.00
Stomach Ulcer (Helicobacter Pylori) - Helicobacter Pylori is a bacterium in the stomach. This bacterium causes chronic inflammation which may lead to stomach ulcers & gastritis.	\$45.00	Vitamin D - Insufficiency of Vitamin D will lead to osteoporosis.	\$120.00
Anti-CCP Blood Test - Anti-CCP antibody testing helps to evaluate the likely development of RA in people whose RA Factor shows negative but noted to have joint pain.	\$80.00	Blood Group Screen - A blood type is a classification of blood based on the presence or absence of inherited antigenic substances on the surface of red blood cells.	\$20.00
Endocrine Profile - Thyroid Function Test – Free Thyroxine (FT4) + Thyroid Stimulating Hormone (TSH)	\$40.00	Full Blood Count - Test for disorders and abnormalities of the blood but, as blood travels throughout the whole body, it can give an indication of disease present in other organs.	\$30.00
Hepatitis Screening (A & B) - Hepatitis A & B can lead to complications such as chronic Hepatitis, liver failure, liver cancer and liver cirrhosis (hardening of liver).	\$45.00	Flu Vaccination - Also known as flu shots or flu jabs, are vaccines that protect against infection by influenza viruses.	\$45.00