

1doc+

Starting
from just
\$10*
a week



Remote Monitoring Program (RMP)

Take control of you health today.

Starting from just **\$10*** a week, our program empowers you to take charge of your health and well-being with ease.

- **Recommended tracking period - min 6-8 weeks**
- **Includes a weekly 15min teleconsult with one of our expert doctors**

Take control of your health

Our program puts you in the driver's seat, empowering you to track your health and receive alerts if any changes occur.

Better outcomes

By working with our expert doctors on a weekly basis, you'll receive personalised care and guidance to achieve better health outcomes and improve your overall well-being.

Historical data and predictive tracking

With continuous monitoring, you'll have a complete picture of your health history and access to predictive tracking to identify potential health risks.



1doc app today



**Additional charges may occur if teleconsultation is longer.*